

CANCER CARE SUPPORT SERVICES



AULTMAN
ALLIANCE
COMMUNITY
HOSPITAL

Offered at Aultman Alliance Community Hospital

Patient Navigator

Patient navigators address complex needs by supporting individuals through diagnosis and into treatment. The patient navigators coordinate services, provide education and psychosocial support and link patients to resources that can overcome barriers to care. Our RN navigators have specialized knowledge and training in cancer. They work closely with a multidisciplinary team to promote an individualized, compassionate and efficient experience at Aultman. Services are free of charge and available to all Aultman cancer patients. To contact our patient navigation team, call **330-596-7983**.

Therapy Services

Our services include nutrition services, social services, physical therapy, occupational therapy and speech therapy. Most of these services require a physician order, so speak to your doctor about how these services may be able to help you. Call Aultman Alliance Community Hospital Central Scheduling at **330-596-7187** to make an appointment or contact our nurse navigator for questions.

Aultman Alliance Cancer Fitness Program

The Cancer Fitness Program is specifically designed for the individual cancer patient. The program guides patients through exercises intended to increase strength, flexibility and walking stamina. An exercise specialist at the Aultman Alliance Community Hospital and University of Mt Union Athletic Training program will customize a fitness program based on the individual's goals and needs. After completing the initial orientation and evaluation, it will be determined if the patient needs skilled therapy or can enter the program. Call **330-823-8839** for more information about the Aultman Alliance Cancer Fitness Program.



Cancer Support Group

Cancer Support Group meets the second Tuesday of each month at 4 p.m. at the Southside Church on Sawburg Ave. The Cancer Support Group is open to patients and caregivers of all ages who are battling any type of cancer. For more information, call **330-823-3230**.

Smoking Cessation - Kay Miller, BA, RRT

The tobacco cessation facilitators at Aultman Alliance Community Hospital have put together a program designed to help you quit using tobacco. A nurse or respiratory therapist from the department will assist you in designing a program to help you quit. The group sessions are held once a week for four weeks, every three months. To learn more, call **330-596-7125**.

Spiritual Care

Aultman Alliance Spiritual Care is available 24 hours a day to spiritually and emotionally support patients and families of all faiths and denominations. Contact the Spiritual Care Department by calling the main hospital line at **330-596-7359** and asking for a member of the spiritual care team.

Palliative Care

Palliative care guides patients through pain and symptom management while seeking aggressive, curative treatments such as chemotherapy, radiation and dialysis. To learn more about the Palliative Care Program, call **330-596-7480**.

Hospice

Hospice care provides comfort, care and compassion for those who are terminally ill. To learn more about the Hospice Program, call **330-596-7480**.

Patient Financial Services

Through our patient financial services, we seek to help provide services at a reduced rate or without charge to patients who cannot afford to pay for hospital care. Patients must qualify for financial assistance. To learn if you qualify for assistance, call **330-596-7584**.

Alliance Transport Van

This service provides pick-up and drop-off services for patients traveling in the Alliance area for physician and testing appointments. To find out more about this service or schedule a ride, please call **330-596-7133**.

Offered at Aultman Hospital

Moving Forward

Moving Forward is designed for Cancer Center patients who are receiving treatment or transitioning from treatment to survivorship. Attendees can attend a support group or meet individually with physical/occupational therapy, a dietician or a financial resource advocate. Massotherapy and Reiki therapy appointments are also available for attendees. Appointments are offered the second Thursday of each month from 5 - 8 p.m., and the fourth Friday of the month from 1 - 3 p.m at Aultman Hospital. Please call **330-363-6011** to register.

Sharing the Journey

Women with any type of gynecologic cancer are invited to attend free support group meetings, which are held the first Tuesday of each month from 5:30 - 7 p.m. in the Sharon Lane Resource Center at Aultman Hospital. For more information, please contact Aultman Gyn Patient Navigator Kim Hoerger, BSN, RN, OCN, at **330-363-1253** or by email at kimberly.hoerger@aultman.com.

Woman-to-Woman

The Woman-to-Woman cancer support group meets the second and fourth Thursday of each month at 6:30 p.m. The Woman-to-Woman support group is open to women of all ages who are battling any type of cancer. For more information and to inquire about the location of upcoming meetings, call Deb at **330-324-6199** or Mary at **330-866-2817**.

Prostate Support Group

Canton Urology offers a prostate cancer support group meeting for all patients and family members. Meetings are held the second Tuesday of the month at 7 p.m. in the Canton Urology Office. This is a forum where patients and families can openly exchange questions and concerns in a supportive environment that is rooted in accurate clinical information. Please contact Claudia with any questions at **330-936-2358**.

Aultman Cancer Fitness Program

The Cancer Fitness Program is specifically designed for the individual cancer patient. The program guides patients through exercises intended to increase strength, flexibility and walking stamina. An exercise specialist at the Aultman Tuscarawas building will customize a fitness program based on the individual's goals and needs. After completing the initial orientation and evaluation, the facility equipment can be used anytime during open hours. Call **330-363-6215** for more information about the Cancer Fitness Program.

Aultman Behavioral Health

Mental health is a key component of physical health and overall wellness. Aultman has a team of mental health specialists who can help with this journey. The Aultman Behavioral Health and Counseling Center offers a variety of treatment options including, medication management, psychiatric services, individual therapy and group therapy. Please contact the office at **330-493-9607** for more information or to schedule an appointment.

Free Wig Salon

Aultman is a proud sponsor of an American Cancer Society free wig salon program. New wigs and fittings are offered free of charge to patients undergoing cancer treatment. Call **330-363-5245** to schedule a fitting appointment in our infusion center on Memorial 3 South.

The Shoppes Boutique

The boutique offers cancer care items ranging from beauty and skin care products to wigs, hats, turbans and gifts, as well as customized breast forms, bras, camisoles, swimsuits and postsurgical garments. Private consultations and fittings are available by appointment with a certified mastectomy fitter. Hours of operation are Monday - Friday from 10 a.m. - 4 p.m. For more information or to schedule an appointment, please call **330-363-4902**.

Lymphedema Management Clinic

Lymphedema can occur when lymphatic channels are disrupted after breast cancer surgery and other types of surgery. Therapists specially trained in lymphatic therapy provide an individualized approach to decrease the swelling of lymphedema and prevent its return. Lymphedema services are provided in the Aultman Wound Care Center on the ground floor of Aultman Hospital. To schedule an appointment, call **330-363-9077** or schedule through your care provider.

Offered in the Community

LiveStrong at the YMCA

Staff trained in supportive care work with cancer patients to safely build muscle mass and strength and increase flexibility and endurance, which improves confidence and self-esteem. Throughout the program, a registered dietitian provides nutritional guidance specific to cancer. This program focuses on the whole person by helping the cancer patient move beyond their disease in spirit, mind and body.

Contact info:

Rudi Hiney

rhiney@ymcastark.org

330-499-2587 ext. 143

[Eating for Life Nutrition: The Key to Fighting Cancer \(the YMCA\)](#)

The YMCA Eating for Life is a free presentation that focuses on how nutrition can fight cancer and improve the life of a cancer patient.

Contact info:

Rudi Hiney

rhiney@ymcastark.org

330-499-2587 ext. 143

[Aunt Susie's](#)

Aunt Susie's is a free service offered to women in Stark County diagnosed with cancer. The services available include transportation, food vouchers, house-cleaning vouchers, companion program, dignity gowns and coordination of support services.

Contact info:

Auntsusies.org

330-400-1215

[Stewart's Caring Place](#)

Stewart's Caring Place provides support services free-of-charge to individuals and families touched by cancer. Programs and services include lectures and workshops, a resource center, healing arts, community referrals, movement classes, counseling, attorney consults, children and family programs, support groups and wigs.

Contact info:

StewartsCaringPlace.org

330-836-1772

[Yellow Brick Road](#)

The missing link for your mind, body and spirit along your cancer journey, Yellow Brick Road's purpose is to nourish and comfort the mind, body and spirit during the fight against cancer - along with providing a hopeful environment for cancer patients, families and their caregivers. All services will be free of charge and will be non-medical.

Contact Info:

Yellowbrickplace.org

234-228-9550

[4th Angel Patient or Caregiver Mentor Program](#)

The 4th Angel Mentoring Program offers free, one-on-one, confidential outreach and support from someone who has successfully made the same journey. Mentors are paired as closely as possible with respect to diagnosis, gender and age. Mentors understand what you are going through because they have traveled that same road. The 4th Angel Mentoring Program is telephone based, so you can be connected with an angel anywhere in the country.

Contact info:

4thangel.org

866- 520-3197

[Road to Recovery](#)

The American Cancer Society program provides transportation to and from treatment for people with cancer who do not have a ride or are unable to drive themselves.

Contact info:

www.cancer.org

1-800-227-2345

[Compassion Delivered](#)

Compassion Delivered is a non-profit organization that provides medically-tailored meals to people who are coping with chronic life-threatening illnesses in the Stark County area. Volunteers, along with members of their staff, deliver three frozen meals and soup weekly to individuals who are having difficulty preparing or accessing healthy meals, and qualifications are not based on age or income.

Contact info:

compassiondelivered.org

330-575-0996

[American Cancer Society](#)

www.cancer.org

1-800-227-2345

[National Cancer Institute](#)

www.cancer.org

1-800-4-CANCER

