





Week: Jan 19th – 25th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
<ul style="list-style-type: none"> ♣ Tater Tots ♣ French Toast Smoked Pork Sausage Sausage Gravy/♣ Biscuit 	<ul style="list-style-type: none"> ♣ Home Fries Smoked Sausage Egg Bites Mediterranean Breakfast Egg White Scramble ♣ Warm Cinnamon Roll 	<ul style="list-style-type: none"> ♣ Seasoned Red Skins ♣ French Toast Sticks Breakfast Tornado Sausage Gravy/♣ Biscuit 	<ul style="list-style-type: none"> ♣ Home Fries Scrambled Egg Bar Sausage, ♣ Peppers & Onions Bagel Toppers Ham & Cheese Cornbread Casserole 	<ul style="list-style-type: none"> ♣ Seasoned Cubes Jumbo Sausage Link Egg Bites ♣ ♡ Parthena's Scramble Spinach Flatbread Breakfast Sandwich 	<ul style="list-style-type: none"> ♣ Home Fries Smoked Sausage Egg, Sausage, And Cheese Scramble ♣ Peanut Butter & Banana Breakfast Wraps 	<ul style="list-style-type: none"> ♣ Potato Triangles Sausage Gravy/♣ Biscuit Bacon, Cheese, & Egg Scramble
Lunch & Dinner						
<ul style="list-style-type: none"> Chicken Pot Pie Meatball Casserole ♣ Garlic Bread Chicken Chili Soup Corn Bread ♡ ♣ Vegetable ♣ French Fries 	<ul style="list-style-type: none"> ♡ Homemade Stuffed Peppers/Sauce ♣ ♡ Mashed Potatoes 🚫 Ranch Glazed Chicken ♣ Fried Rice Hot Italian Sub ♡ ♣ Roasted Caribbean Blend ♣ Seasoned JoJo's 	<ul style="list-style-type: none"> ♡ Homemade Meatloaf ♣ ♡ Redskin Potatoes Beef Gravy ♣ All American Grilled Cheese ♣ Fresh Green Bean Almondine 🚫 Chicken in Mushroom Sauce ♣ ♡ Warm Sweet Roll ♣ French Fries 	<ul style="list-style-type: none"> ♣ Spaghetti w/Sauce ♣ Garlic Bread Monster Meatballs ♡ Roasted Turkey Breast Mashed potatoes/Gravy ♣ Stuffing ♡ ♣ Broccoli ♣ Corn Bread 	<ul style="list-style-type: none"> Chicken Cavatappi Casserole Kebab Pork Skillet ♡ ♣ Rice Pilaf ♡ ♣ Honey Glazed Brussel Sprouts ♣ Cheese Sticks Marinara Sauce ♣ French Fries Hot Italian Sub 	<ul style="list-style-type: none"> Flounder Nashville Hot Chicken Sandwich (Brioche Bun, SW Chicken, Pickles) Coleslaw Macaroni & Cheese ♡ ♣ Roasted PACO Blend (Potato/Asparagus/Carrot/ Onion)  	<ul style="list-style-type: none"> Celtic Chicken Buttered Noodles Flatbread Pizza Bar Margherita Corn Dogs ♡ ♣ Vegetable ♣ French Fries
Soup of the Day:	Homemade Chicken & Dumpling	♣ Tomato	Homemade Chili	Chophouse Potato	♡ Stuffed Pepper	 January 
	♡ Mini Salad Bar	♡ Mini Salad Bar	Chipotle Bar Make your own burrito or bowl with your favorite fillings. Choose from Pork or Chicken	Hot Apple Dumpling	Fry Bar Top your Fries with cheese, bacon, jalapenos and sour cream	

Breakfast Served Daily: Scrambled Eggs, ♣ Morning Star Vegetarian Breakfast Sausage (M-F), Bacon, Sausage, ♣ ♡ Hot Oatmeal with Toppings (M-F)
Lunch & Dinner Served Mon-Fri: Hamburgers, Chicken Tenders, Bacon, Fries, ♡ 🚫 Montreal Grilled Chicken, ♣ Morning Star Vegetarian Burgers

Week 1 ♣ ♣ All Plain Vegetables, Rice, and Mashed Potato 🚫 = no antibiotics ever ♡ = Heart Healthy Item ♣ = Vegetarian Item