

The Café

menu

Week: Jan. 4th-10th

Hours Of Operation
Monday-Friday 6:45am-6:30 pm
Saturday and Sunday: 6:45am- 1:15pm
Hot Breakfast: 6:45 a.m. -10:00 a.m.
Hot Lunch: 11:00 a.m. - 1:45 p.m.
Hot Dinner: 4:30 p.m. - 6:30 p.m.
Grab and Go items available during Café Hours

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
♣ Home Fries ♣ Homemade French Toast Breakfast Pizza	♣ Seasoned Cubes Smoked Pork Sausage Sausage Gravy w/ ♣ Biscuit Bagel Toppers	♣ Red Skin Home Fries Jumbo Sausage Link Cheese Omelet Bar ♣ Mushroom, Onion, & Green Peppers ♣ Raspberry Chimichanga	♣ Potato Triangle Smoked Pork Sausage Avocado Toast Bar Mexican Style Chorizo Casserole	♣ Hashbrown Bake Jumbo Sausage Link Heart Egg White Fold Overs Sausage Gravy w/ ♣ Biscuit ♣ Warm Apple Cinnamon Muffin	♣ Tater Tots Smoked Pork Sausage Egg Bites Breakfast Tornado Parthens's Scramble	♣ Potato Triangles Sausage Gravy w/ ♣ Biscuit Bagel Toppers Cheese Omelets
Lunch & Dinner						
Breaded Pork Chop ♣ Au Gratin Potatoes Celtic Chicken ♣ Green Bean Casserole Fried Rice Cheeseburger Heart Vegetable ♣ French Fries	Penne Pasta w/Meat Sauce ♣ Pull Apart Garlic Bread Beer Battered Cod Hot Turkey, Muenster & Bacon on Pretzel Bun ♣ Brussel Sprouts ♣ French Fries	Q Baked Chicken w/Lemon Sauce Mashed Potatoes ♣ All American Grilled Cheese ♣ Winter Mix Blend ♣ French Fries	Country Bowl Popcorn Chicken, Mashed Potatoes, ♣ Corn, Gravy, and Cheese Swiss Steak Mushroom Gravy BBQ Pork Sandwich ♣ Corn ♣ French Fries	Pork Kebob Skillet ♣ Jasmine Rice Chicago Style Meatloaf ♣ Redskin Mashed Potatoes/Gravy ♣ Broccoli ♣ Hot Jalapeno Pretzel ♣ French Fries	Teriyaki Chicken ♣ Fried Rice ♣ Vegetable Egg Roll ♣ Heart Oriental Vegetables ♣ Spinach & Mushroom Bake Corn Dogs ♣ Onion Rings	Chicken Bacon Ranch Flatbread Montreal Chicken ♣ Grilled Onion & Peppers ♣ Mashed Potatoes/Gravy Heart Vegetable ♣ French Fries
Soup of the Day:	Italian Wedding Soup	♣ Roasted Red Pepper Gouda	Stuffed Peppers	Homemade Chili ♣ Corn Bread		
	Heart Mini Salad Bar (Lunch Only) 	<u>Taco Bar</u> Seasoned Beef & Heart Turkey and tortilla chips to make a perfect taco salad. Top it off with your favorite toppings.	Heart Mini Salad Bar (Lunch Only) 	Chicken Bacon Ranch Flatbread	Pizza Bar! ♣ White Pizza w/Spinach and Tomato Pepperoni Pizza ♣ Cheese Pizza	

Breakfast Served Daily: Scrambled Eggs, ♣Morning Star Vegetarian Breakfast Sausage (M-F), Bacon, Sausage, ♣Heart Hot Oatmeal with Toppings (M-F)
 Lunch & Dinner Served Mon-Fri: Hamburgers, Chicken Tenders, Bacon, Fries, ♣Montreal Grilled Chicken, ♣Morning Star Vegetarian Burgers

Week 3 **Heart** ♣ All Plain Vegetables, Rice, and Mashed Potato

 = no antibiotics ever

Heart = Heart Healthy Item

♣ = Vegetarian Item