





Week: Jan. 4<sup>th</sup>-10<sup>th</sup>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>						
♣ Home Fries  ♣ Homemade French Toast  Breakfast Pizza	♣ Seasoned Cubes <b>Smoked Pork Sausage</b>  Sausage Gravy w/ ♣ Biscuit  Bagel Toppers	♣ Red Skin Home Fries Jumbo Sausage Link  Cheese Omelet Bar ♣ Mushroom, Onion, & Green Peppers ♣ Raspberry Chimichanga	♣ Potato Triangle Smoked Pork Sausage  <b>Avocado Toast Bar</b>  Mexican Style Chorizo Casserole	♣ Hashbrown Bake Jumbo Sausage Link ♥ Egg White Fold Overs Sausage Gravy w/ ♣ Biscuit ♣ Warm Apple Cinnamon Muffin	♣ Tater Tots Smoked Pork Sausage <b>Egg Bites</b>  <b>Breakfast Tornado</b>  <b>Parthens's Scramble</b>	♣ Potato Triangles Sausage Gravy w/ ♣ Biscuit  Bagel Toppers  Cheese Omelets
<b>Lunch &amp; Dinner</b>						
Breaded Pork Chop ♣ Au Gratin Potatoes  Celtic Chicken ♣ Green Bean Casserole <b>Fried Rice</b> Cheeseburger ♥ ♣ Vegetable ♣ French Fries	Penne Pasta w/Meat Sauce ♣ Pull Apart Garlic Bread  <b>Beer Battered Cod</b> <b>Hot Turkey, Muenster &amp; Bacon on Pretzel Bun</b> ♥ ♣ Brussel Sprouts ♣ French Fries	🚫 Baked Chicken w/Lemon Sauce <b>Mashed Potatoes</b>  ♣ All American Grilled Cheese ♥ ♣ Winter Mix Blend  ♣ French Fries	<b>Country Bowl</b> Popcorn Chicken, Mashed Potatoes, ♥ ♣ Corn, Gravy, and Cheese Swiss Steak Mushroom Gravy  <b>BBQ Pork Sandwich</b> ♣ ♥ Corn ♣ French Fries	Pork Kebob Skillet ♣ Jasmine Rice  Chicago Style Meatloaf ♣ ♥ Redskin Mashed Potatoes/Gravy  ♣ Broccoli ♣ Hot Jalapeno Pretzel ♣ French Fries	Teriyaki Chicken ♣ Fried Rice ♣ Vegetable Egg Roll  ♣ ♥ Oriental Vegetables ♣ Spinach & Mushroom Bake  Corn Dogs ♣ Onion Rings	Chicken Bacon Ranch Flatbread  <b>Montreal Chicken</b> ♣ Grilled Onion & Peppers ♣ Mashed Potatoes/Gravy  ♥ ♣ Vegetable ♣ French Fries
Soup of the Day:	Italian Wedding Soup	♣ Roasted Red Pepper Gouda	Stuffed Peppers	Homemade Chili ♣ Corn Bread		
	♥ Mini Salad Bar (Lunch Only) 	<b>Taco Bar</b> Seasoned Beef & ♥ Turkey and tortilla chips to make a perfect taco salad. Top it off with your favorite toppings.	♥ Mini Salad Bar (Lunch Only) 	Chicken Bacon Ranch Flatbread	<b>Pizza Bar!</b> ♣ White Pizza w/Spinach and Tomato Pepperoni Pizza ♣ Cheese Pizza	

Breakfast Served Daily: Scrambled Eggs, ♣ Morning Star Vegetarian Breakfast Sausage (M-F), Bacon, Sausage, ♣ ♥ Hot Oatmeal with Toppings (M-F)  
 Lunch & Dinner Served Mon-Fri: Hamburgers, Chicken Tenders, Bacon, Fries, ♥ 🚫 Montreal Grilled Chicken, ♣ Morning Star Vegetarian Burgers

Week 3 ♥ ♣ All Plain Vegetables, Rice, and Mashed Potato 🚫 = no antibiotics ever ♥ = Heart Healthy Item ♣ = Vegetarian Item