








Week: July 27th- August 2nd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
♣ Potato Triangles Breakfast Pizza Breakfast Tornado's ♣ Cinnamon Rolls	♣ Red Skin Potatoes Jumbo Sausage Link Egg, Cheese, & Ham Scramble Bagel Toppers ♣ Raspberry Chimichanga	♣ Tater Tots Smoked Sausage English Muffin Breakfast Sandwich (Egg, Cheese, & Canadian Bacon) Sausage Gravy/♣ Biscuit	♣ Seasoned Cubes Jumbo Sausage Link NEW Egg Bites (Bacon, Pepper, Cheese & Hashbrowns) Bob Evans Casserole ♣ French Toast Casserole	♣ Red Skin Potatoes Jumbo Sausage Link Gravy/♣ Biscuit Egg White Fold Overs ♥ ♣ Avocado Toast Bar  NATIONAL AVOCADO DAY	♣ Seasoned Cubes Smoked Sausage Sausage Cheese Omelet Bar ♣ Warm Cobbler Muffins	♣ Potato Triangles Breakfast Empanada w/Egg, Bacon, Potato, & Cheese Sausage Gravy/♣ Biscuit
Lunch & Dinner						
☑ Garlic Parmesan Chicken ♥ Orange Roughy Rice Pilaf Cheeseburger ♥ ♣ Vegetable ♣ French Fries	Chunky Roast Beef ♣ Mashed Potatoes/Gravy Baked Cavatappi & Ham ♥ ♣ Sautéed Cabbage ♥ ♣ Green Beans ♣ Seasoned Jo-Jo's	☑ Smothered Chicken Oven Roasted Pork ♣ Roasted Red Skin Potatoes Pork Gravy ♣ Glazed Carrots ♣ French Fries ♣ Dutch apple Pie Crunch	General Tso Chicken ♥ ♣ Jasmine Rice ♣ Vegetable Egg Roll Yum-Yum Sauce Kielbasa ♣ Pierogies/Onions Turkey, Bacon, Muenster, & Honey Mustard Sauce on Pretzel Bun ♥ ♣ Harvest Blend	Philly Steak Tortellini ♣ Pull A Part Garlic Bread Sweet Chili BBQ Meatballs ♣ Rice ♣ Broccoli ♣ Beer Battered Side Winders Carnation Festival Starts	Italian Sausages Sandwiches ♣ Peppers & Onions Chicken Nuggets ♣ Macaroni & cheese Buttery Cod ♣ Roasted PACO Blend ♣ Tater Tots ♣ Jumbo Jalapeno Pretzel	Taco Bar ♣ Stuffed Shells ♣ Garlic Bread ♥ ♣ Vegetable ♣ French Fries
Soup of the Day:	Stuffed Pepper	♣ Cream of Broccoli	Thai Chicken & Rice	Chophouse Potato		
	Gyro Bar 	Taco Bar Seasoned Beef and tortilla chips to make a perfect taco salad. Top it off with your favorite toppings.	♥ Mini Salad Bar 	Chicken Chili Flatbread 	Bundt Cakes 	

Breakfast Served Daily: Scrambled Eggs, ♣ Morning Star Vegetarian Breakfast Sausage (M-F), Bacon, Sausage, ♣ ♥ Hot Oatmeal with Toppings (M-F)
 Lunch & Dinner Served Mon-Fri: Hamburgers, Chicken Tenders, Bacon, Fries, ♥ ☑ Montreal Grilled Chicken, ♣ Morning Star Vegetarian Burgers

Week 4 ♥ ♣ All Plain Vegetables, Rice, and Mashed Potato ☑ = no antibiotics ever ♥ = Heart Healthy Item ♣ = Vegetarian Item