

Week: October 4th – 10th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
♣ Seasoned Cubes Pancake Sausage on a Stick Sausage Gravy w/ ♣ Biscuit	♣ Tater Tots Smoked Pork Sausage Bagel Topper ♣ Warm Apple Fritter	♣ Potato Triangles Mega Sausage Egg & Cheese on Southern Style Biscuit ♣ Raspberry Chimichanga	♣ Potato Rounds Smoked Pork Sausage Egg White Fold Overs ♣ Homemade French Toast Casserole	♣ Seasoned Cubes ♣ Cheese Sauce Mega Sausage Breakfast Tornado ♣ Warm Cinnamon Twist	♣ Home Fries Smoked Pork Sausage Kitchen Sink Scramble Mediterranean Egg Bites ♣ French Toast Sticks *WORLD EGG DAY*	♣ Potato Triangles Breakfast Empanada Sausage Gravy w/ ♣ Biscuit
Lunch & Dinner						
☑ Ranch Glazed Chicken ♣ Fried Rice ♣ Baked Apples Chicken Quesadilla Sweet & Sour Meatballs ♥ ♣ Vegetable ♣ French Fries 	Vidalia Meatloaf ♥ ♣ Redskin Mashed Potatoes Orange Chicken ♥ ♣ Jasmine Rice ♣ Vegetable Egg Roll Kelly's Turkey Pizzazz ♥ ♣ Roasted Broccoli ♣ French Fries	Garlic Parmesan Chicken Tortellini ♣ Stuffed Breadstick ♣ Marinara Sauce Flounder ♣ Cheesy Brussels Sprouts ♣ Breaded Mushrooms ♣ French Fries	Chicken & Dumplings ♣ Biscuit Parmesan Baked Cod Rice Pilaf ♥ ♣ Paco Blend ♣ Breaded Zucchini ♣ Marinara Sauce ♣ French Fries	Bourbon Burger Slider w/ Bacon & Cheddar ♣ White Cheddar Macaroni & Cheese Buffalo Chicken Mac Honey Mustard Pecan Salmon ♥ ♣ Harvest Blend ♣ Onion Rings ♣ Seasoned Waffle Fries	Ham Loaf Loaded Mashed Potatoes ☑ Chicken Marsala ♥ ♣ Noodles ♣ All American Grilled Cheese Sandwich ♣ Caribbean Blend ♣ French Fries	Homemade Meatloaf ♥ ♣ Mashed Potatoes Gravy Buffalo Chicken Egg Roll Italian Sausage ♥ ♣ Peppers & Onions ♥ ♣ Vegetable ♣ French Fries
Soup of the Day:	♣ Broccoli & Cheese	Bean & Ham	Italian Wedding	Homemade Chicken Noodle	♣ Red Pepper Gouda	
	♥ Mini Salad Bar (Lunch Only) 	Taco Bar/Street Taco Seasoned Beef and tortilla chips to make a perfect taco salad. Top it off with your favorite toppings. NATIONAL TACO DAY!	Pepperoni & Cheese Stromboli 	♥ Mini Salad Bar (Lunch Only) 		

Breakfast Served Daily: Scrambled Eggs, ♣ Morning Star Vegetarian Breakfast Sausage (M-F), Bacon, Sausage, ♣ ♥ Hot Oatmeal with Toppings (M-F)
 Lunch & Dinner Served Mon-Fri: Hamburgers, Chicken Tenders, Bacon, Fries, ♥ ☑ Montreal Grilled Chicken, ♣ Morning Star Vegetarian Burgers

Week 2 ♥ ♣ All Plain Vegetables, Rice, and Mashed Potato ☑ = no antibiotics ever 🌶 = Spicy ♥ = Heart Healthy Item ♣ = Vegetarian Item