

Week: September 13th – 19th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
♣ Potato Triangles Pancake & Sausage on a Stick Sausage Gravy/♣ Biscuit	♣ Red Skin Potatoes Jumbo Sausage Link Breakfast Pizza Strawberry French Toast Casserole	♣ Cheesy Hashbrowns Smoked Sausage Breakfast Croissant Sandwich Sausage Gravy/♣ Biscuit ♣ Raspberry Chimichanga	♣ Seasoned Cubes Jumbo Sausage Link Mediterranean Scramble Breakfast Tornado's ♣ Warm Cherry Turnover	♣ Tater Tots Jumbo Sausage Link Western Frittata Breakfast Sandwich on English Muffin w/ Canadian Bacon ♣ French Toast Sticks	♣ Home Fries Smoked Sausage Breakfast Empanada Egg Bites ♣ Warm Cobbler Muffin	♣ Potato Triangles Sausage Gravy/♣ Biscuit ♣ Brioche French Toast
Lunch & Dinner						
☑ Crunchy Onion Chicken ♥♣ Red Skin Potatoes ♣ Lasagna Roll Up ♥♣ Garlic Bread Philly Cheesesteak Egg Roll ♥♣ Vegetable ♣ French Fries	Celtic Chicken ♥♣ Red Skin Mashed Potatoes / Celtic Gravy Swedish Meatballs ♥♣ Buttered Noodles Parmesan Baked Cod ♥♣ Roasted Normandy Blend ♣ Bavarian Pretzel Bites ♣ French Fries	Cowboy Chicken Linguine ♣ Garlic Cheesy Biscuit Greek Turkey Burger ♥♣ Roasted Brussels Sprouts ♣ Fiesta Jalapeno Poppers ♣ Sweet Potato Fries ♣ Apple Cobbler NATIONAL LINGUINE DAY	☑ Bourbon Chicken Breast ♥♣ Rice Pilaf Salisbury Steak ♥♣ Mashed Potatoes / Beef Gravy Mega Fish Sandwich ♣ Macaroni & Cheese ♣ Dilled Peas ♣ French Fries	Philly Steak Tortellini ♣ Pull A Part Garlic Bread Honey Mustard Pecan Salmon ♣ Spinach Parmesan Toasted Buffalo Chicken Sub ♥♣ Broccoli ♣ French Fries	General Tso Chicken ♥♣ Jasmine Rice ♣ Vegetable Egg Roll ♣ Oriental Green Beans Cheesy Cauliflower Bacon Bake Pizza Grilled Cheese ♣ Waffle Fries	Chicken Chili Verde Tornado Vidalia Meatloaf ♥♣ Mashed Potatoes Country Fried Chicken ♣ Country Gravy ♥♣ Vegetable ♣ French Fries
Soup of the Day:	Stuffed Pepper	Chicken and Dumpling	Italian Wedding	♣ Broccoli Cheese	Cooks Choice	
	♥ Mini Salad Bar 	<u>Taco Bar/Street Taco</u> Seasoned Beef and tortilla chips to make a perfect taco salad. Top it off with your favorite toppings.	Gyro Bar 	♥ Mini Salad Bar 	Potato Skin Bar Top your potato skin with Bacon, Jalapeno's and Sour Cream	

Breakfast Served Daily: Scrambled Eggs, ♣ Morning Star Vegetarian Breakfast Sausage (M-F), Bacon, Sausage, ♣♥ Hot Oatmeal with Toppings (M-F)
 Lunch & Dinner Served Mon-Fri: Hamburgers, Chicken Tenders, Bacon, Fries, ♥☑ Montreal Grilled Chicken, ♣ Morning Star Vegetarian Burgers

Week 4 ♥♣ All Plain Vegetables, Rice, and Mashed Potato ☑ = no antibiotics ever 🌶 = Spicy ♥ = Heart Healthy Item ♣ = Vegetarian Item