




Week: Sept 28th-Oct 4th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
♣ Potato Triangles ♣ Strawberry French Toast Casserole ♣ Hashbrown Bake	♣ Red Skin Potatoes Jumbo Sausage Link Bob Evans Casserole Bagel Toppers ♣ Cinnamon Twist National Coffee Day	♣ Tater Tots Smoked Sausage Egg Bites Egg & Cheese on Southern Style Biscuit ♣ Raspberry Chimichanga	♣ Seasoned Cubes Jumbo Sausage Link ♥ Egg White Fold Overs w/Hot Pepper Cheese ♣ French Toast Casserole	♣ Red Skin Potatoes Jumbo Sausage Link Sausage Gravy/♣ Biscuit Everything Bagel Casserole	♣ Seasoned Cubes Smoked Sausage Sausage Ciabatta Breakfast Sandwich ♣ Warm Cobbler Muffins	♣ Potato Triangles Breakfast Empanada w/Egg, Bacon, Potato, & Cheese Sausage Gravy/♣ Biscuit
Lunch & Dinner						
Cooks Choice ☉ Chicken Buttery Cod Rice Pilaf Cheeseburger ♥ ♣ Vegetable ♣ French Fries	♥ Homestyle Turkey ♥ ♣ Mashed Potatoes/Gravy Stuffing ♥ Summer Herb Cod Hot Chicken Parmesan Wrap ♥ ♣ Prince Edward Blend ♣ French Fries	☉ Smothered Chicken ♣ Buttered Noodles Roumalade Salmon ♣ Wild Rice ♣ Dilled Peas ♣ French Fries ♣ Fruit Cobbler	Chicken Breast stuffed w/Broccoli & cheese ♥ ♣ Mashed Potatoes/Gravy ♣ Veggie Burger ♣ Grilled Mushrooms, ♣ Onions & Peppers ♣ White Cheddar Macaroni Cheese Or White Cheddar Buffalo Mac ♥ ♣ Roasted Broccoli ♣ Onion Rings ♣ French Fries	Oktoberfest Breaded Pork Chop ♥ ♣ Red Skin Mashed Potatoes ♣ Pierogies w/Onions ♣ Mushroom Sauce Philly Steak Tortellini ♣ Pull A Part Garlic Bread ♣ ♥ Whole Green Beans ♣ Baked Apples ♣ Seasoned Curly Fries	General Tso Chicken ♥ ♣ Jasmine Rice ♣ Vegetable Egg Roll Flounder Filet Cheesy Potatoes ♥ ♣ Roasted Brussel Sprouts ♣ Tater Tots	Taco Bar Hot Chicken Philly on Flatbread Corn Dogs ♥ ♣ Vegetable ♣ French Fries
Soup of the Day:	Italian Wedding	Cream of Broccoli	♣ Vegan Vegetable Soup	Chophouse Potato	Cooks Choice	
	♥ Mini Salad Bar	Taco Bar Seasoned Beef & ♥ Turkey and tortilla chips to make a perfect taco salad. Top it off with your favorite toppings.	♥ Mini Salad Bar National World Vegan Day	Rueben Stromboli	Gyro Bar 	

Breakfast Served Daily: Scrambled Eggs, ♣ Morning Star Vegetarian Breakfast Sausage (M-F), Bacon, Sausage, ♣ ♥ Hot Oatmeal with Toppings (M-F)
 Lunch & Dinner Served Mon-Fri: Hamburgers, Chicken Tenders, Bacon, Fries, ♥ ☉ Montreal Grilled Chicken, ♣ Morning Star Vegetarian Burgers

Week 4 ♥ ♣ All Plain Vegetables, Rice, and Mashed Potato ☉ = no antibiotics ever ♥ = Heart Healthy Item ♣ = Vegetarian Item